



Marseille Travel Sheet

Tourist Services

Office de Tourisme et des Congrès de Marseille

4, La Canebière - 13001 Marseille

T.: +33 (0)4 91 13 89 00 / F. +33 (0)4 91 13 89 01

E-mail: accueil@marseille-tourisme.com

Website: <http://www.marseille-tourisme.com>

Opening hours: All year from Monday to Saturday 9:00am - 7:00pm

Sundays & public holidays : 10:00am - 5:00pm

Download [maps & guides](#)

Bouches-du-Rhône Tourisme

13 rue Roux de Brignoles - 13006 Marseille

T.: +33 (0)4 91 13 84 13 / F. +33 (0)4 91 33 01 82

E-mail: cdt13@visitprovence.com

www.visitprovence.com/en

Comité Régional du Tourisme

Maison de la Région - 61, La Canebière - CS 10009

13231 Marseille - Cedex 01

T.: +33 (0)4 91 56 47 00 / F. +33 (0)4 91 56 47 01

E-mail: information@crt-paca.fr

www.decouverte-paca.fr (website only in French)

All the [local addresses](#) for assistance and information.

[Provence Web](#) – Tourist Guide to Provence and the Riviera

[Lonely Planet](#) Marseille

Apps

[Marseille Provence](#)

TRAVELLING TO AND AROUND MARSEILLE

Check the “ACCES” section on Marseille tourist office [website](#).

BY AIR

Marseille Provence airport

Passenger information T.: + 33 (0)820 811 414 27 24

www.marseille-airport.com

3rd provincial airport with over 8.2 million passengers in 2014. Over 100 direct destinations and regular flights (number of direct destinations doubled in 5 years). 2 air terminals:

- mp1: premium air terminal for traditional airlines with a high level of service (VIP reception, lounges, queue jumps, services for groups, information: centre_affaires@mrs.aero)

- mp2: Europe’s first low-cost air terminal dedicated to low-cost flights-
www.mp2.aeroport.fr

116 direct airlines operated by 31 airlines and connecting 25 countries including:

20 daily flights Paris/Marseille (flight length: 1h15)

40 regular low-cost destinations in France, Europe and Morocco

8 long-haul destinations in Canada, the Middle East, the Indian Ocean, Africa, etc.

[Navette Marseille Airport](#)

Connections between Marseille central station Saint Charles and the airport by a shuttle bus

Fare: One way ticket: 8,20 € / Round trip ticket (no matter the direction): 13,10 €

Buy your ticket [online](#).

Departure times from the airport every 15 min between 5:10am and 12:10am

Departure times from the central station every 20 min between 4:30am and 11:30pm.

Check [timetables](#).

Journey time: between 25 and 40 minutes – direct by motorway – depending on the traffic.

[Taxi service](#) from and to the airport

24h/24 – T.: + 33 (0)6 25 23 13 19/(0)4 42 14 24 44

Between the airport and the city centre, the fare is about 50€ in the daytime and about 60€ at night.

(Night fare is from 7pm to 7am and Sundays and holidays from 00.00 to midnight)

BY TRAIN

Saint-Charles railway station (Gare Saint Charles)

Direct access to the metro lines 1 (blue) and 2 (red)

Passenger information T.: 3635 (local call)

Information for groups T.: +33(0) 810 879 479

www.sncf.com

A railroad system in high evolution - 200 daily trains

The new Mediterranean high-speed train (TGV): Marseille – Paris in 3 hours.

17 TGV Méditerranée Paris/Marseille per day (3 hours)

Links between the main railway stations of Europe and Marseille

Eurostar: London - Marseille in 6 hours 15 minutes.

6. GETTING AROUND IN MARSEILLE

City Center

Moving around the center of town: walking is best but you may also take the tram, buses or the metro which run regularly and until around midnight during the week and 1am on the week-ends. (Metros run until 10:30pm during the week)

Parts of the center (rue Saint Ferréol) and the old harbor (Vieux Port) are pedestrian areas and it is a real gem to just walk around. It is small enough to wander around and discover on your own, but still you will find below a few notable places to pick from if your time is limited and depending on your interests (see What to do).

Public transportation by RTM - Download [maps](#).

Visit Marseille with an all-inclusive package.

City Pass + airport Shuttle Round-trip ticket

24H 31.50€ or 48H 33.50€

The City-Pass is valid for 1 or 2 consecutive days. The pass gives you access to many tourist and cultural services.

WHERE TO STAY

Top Rate Hostels near the central station

[VERTIGO](#)

2 sites: Vieux Port (5 min from the workshop venue) & Saint Charles

In the center of the city, dorms or bedrooms flat

Rates: from 18€ to 60€

Address: Vieux Port, 38, rue Fort Notre Dame, 13007 MARSEILLE

T.: +33 (0) 4 91 54 42 95

E-mail: contact-vieuxport@hotelvertigo.fr

Address: Saint-Charles, 42 rue des petites Maries, 13001 MARSEILLE

T.: +33 (0) 4 91 91 07 11

E-mail: contact@hotelvertigo.fr

[LA PENSION EDELWEISS](#)

is a bed and breakfast, right in Marseille City center, ideally located next to Vieux Port (Old Port) by foot, to Canebière and 2 mn walk from Saint-Charles Train Station. 4 beautiful independent guest rooms, decorated with unique style & design, welcome and host guests and travelers from all around the world

Rates: from 18€ to 60€

Address: 6, rue Lafayette, 13001 Marseille

T.: +33(0)9 51 23 35 11

Mobile: +33(0)6 76 40 15 14

E-mail: info@pension-edelweiss.fr

[CASA ORTEGA](#)

Cultivating the beauty of each detail and a true sense of hospitality, this b&b is unlike any other. Ideally located on a quaint street across from the Marseille's Saint Charles train station, and just a short walk from the Old Port, this comfortable bed and breakfast blends the quality services of a hotel, the authentic charm of a guest house and a vibrant international ambiance.

Rates: from 90€ to 110€ (for double and twin bed rooms)

Address: 46 Rue des Petites Maries, 13001 Marseille

T.: +33 (0)9 54 32 74 37

Mobile: +33 (0)6 80 62 53 21

E-mail: contact@casa-ortega.com

On the beachside, 40 min bus ride to the center

[YOUTH HOSTEL BONNEVEINE](#) (Southern district)

Situated in the South of Marseille, near the beaches of Prado and at only 2kms of the National Parc of Calanques.

Not in the center of the city, you would need your car or you can take the bus.

Rates: 22€ to 35€ for individuals

Address: Impasse du Dr. Bonfils, 13008 Marseille

T.: + 33 (0)4 91 17 63 30

Rent a private room or apartment

[Hôtel du Nord](#)

Offering all kinds of shelters. Many hosts are waiting for you. Each of them will share with you his (or her) daily life, the very peculiar heritage concerning his (or her) own neighborhood, and let you discover Hôtel du Nord and local heritage editions as well as local products.

Your hosts will welcome you in their own homes: flats, little houses, mansions (called bastides in Provence), boats ...

[Airbnb](#)

Everybody knows...

PLACES TO EAT

There are many restaurants in Marseille, ranging from traditional cuisine to world food, not to mention oriental fare and Mediterranean food with a strong Italian influence, and of course the seafood specialties.

Marseille's Musts:

[CHEZ TOINOU](#)

Yummy seafood. Order at counter, seat yourself and waiter brings you your food.

[CHEZ SAUVEUR](#)

Pizza in a wood stove and delicious Italian food

[CHEZ FONFON](#)

In a small fishing harbor with sea view
Fish soup (the real Bouillabaisse)
You may need to make a reservation!

[FEMINA](#)

Traditional Moroccan food (Couscous, Tajine ...)

[LA CARAVELLE](#)

Traditional Aïoli (various boiled vegetables, poached fish, snails, other seafood, boiled eggs, served with the garlic sauce) on Fridays
Only for lunch, good place for having Apéro in the early evening with a beautiful view of Notre Dame de la Garde

View [teaser](#)

The stars of Marseille:

[Gérard Passédat](#) was awarded 3 Michelin stars in the 2008 edition. He has thus joined the exclusive ranks of only 26 French restaurants to have earned the three-star distinction, and is the only one in the South-East of France. A prominent family for 3 generations, the Passédats have been around since 1917 when Little Nice was nothing more than a dive on the Corniche!

Gerald Passédat opened different dining areas:

- On the top floor of the MUCEM, a restaurant and a bar with views of the Mediterranean.
- On the ground floor of the museum, a kiosk for tasty snacks
- At Fort Saint Jean, a café and culinary school.

[L'ÉPISETTE](#) (1 Michelin star) Located in the heart of the Vallon des Auffes below the Corniche, the Epuisette boasts panoramic sea views with the Frioul islands in the background. Chef Guillaume Sourrieu draws on Provençal and Mediterranean

cuisine.

[UNE TABLE AU SUD](#) (1 Michelin star) Original cuisine with a strong Mediterranean flavour where citrus and olive oil are dominant. Rather unusual for a chef from the South West!

Next to the Jambo workshop (2 rue Tyrans 13007) near Vieux Port:

[LA PASSARELLE](#)

Mediterranean and organic

[Le GRAIN DE SEL](#)

Neo-Bistro, Original chefs cuisine

[MONT LIBAN](#)

Lebanese snacks (falafel)

Next to Réformés Church (upper end of Canebière):

[CHEZ NOELLE](#)

Pizza in a wood stove

[GREEN BEAR COFFEE](#) – La Canebière

Organic vegetarian snacks and lunch

[LA BOITE A SARDINE](#)

Fish and seafood

[LONGCHAMP PALACE](#) – restaurant & bar

Bistro style, French cuisine

[CHEZ NOUR](#)

Traditional Egyptian food

Check “Where to eat” column on Tourist Office [website](#).

WHAT TO DO IN MARSEILLE

If you come with your family and children, check [childrens activities](#).

Visit the town by foot!

Download 4 [walking tours](#) through the city.

Culture & Architecture

In 2013, Marseille-Provence was the European Capital of Culture.

10 New cultural facilities designed by some of the world’s best architects (including Rudy Ricciotti, Kengo Kuma, Stefano Boeri, Jean Nouvel, Frank Gehry and Massimiliano Fuksas) have opened their doors to the public. The new architecture has transformed Marseille’s sea front and formed one of Europe’s first “cultural districts”.

In Marseille, the waterfront is now home to a series of iconic sites: the MuCEM (Museum of European and Mediterranean Civilisations), the Villa Méditerranée, the the Fonds Régional d'Art Contemporain (Regional Contemporary Art Fund), the Musée Regards de Provence and the Silo are some of the cultural symbols of the new union between the port, its economic activities and its residents.

More [information](#) about these venues.

Check historical sites and monuments.

Markets

The food markets are authentic showcases of flavour reflecting the terroir, the savour and tones of Provence. The most famous is the fish market which is held every morning on the Old Port.

Typical and colourful, the market of Capucins is held close to La Canebière. Exotic fruits and vegetables, spices and herbs adorn the stalls.

The markets of Le Prado and La Plaine also offer clothes, shoes and Provençal specialties (textiles, gastronomy, etc.).

Every Wednesday the Cours Julien hosts a farmers' market (organic products), while a stamp market takes place every Sunday morning, a second-hand book market on the 2nd Saturday of each month and a popular flea market on the 2nd Sunday.

Shopping

The main "drag", called la Canebière is going from the Réformés Church down to the old harbor. It separates the center in town parts, which have a lot of activity, cafes, restaurants and retail.

All of it is worth strolling around and as you walk around you will quickly understand why Marseille is called the door to Africa.

- Center of town pedestrian streets Rue Saint Féreol
- [Les Terrasses du Port](#) (shopping mall + restaurants)
- [Les Voutes de la Major](#) (shopping mall + restaurants)
- [Centre Bourse](#) (shopping mall)
- Cours Julien and surroundings (original show and lots of affordable designer clothing + bars + restaurants)

Nature & Sea

Calanques massif

Envie de balde ? (Fancy a walk?) T.: +33 (0)811 20 13 13 (cost of a local call)

Download the free application [Myprovence Envie de balade](#) (available from App Store and Android Market)

Guided walks in the Calanques:

An enthusiastic guide, Jean Marc Nardini, will lead you on a discovery of the natural environment of the Calanques and their history, fauna and flora.

These guided walks, lasting around three hours, are suitable for all levels of ability, from the age of 6/8 years.

These walks can be carried out individually or in groups by appointment and subject to availability.

T.: +33 (0)6 77 07 83 36

E-mail: decouvertcalanques@sfr.fr - jnardini@sfr.fr

Mini- cruises in the Calanques: leaving from the Old Port or the Port of Pointe Rouge.

Classic excursions:

- [Icard maritime](#), T.: +33 (0)4 91 330 329

- [Marseille croisière Calanques](#), T.: +33 (0)825 136 800

A la carte excursions:

- [Bleu Evasion](#), T.: +33 (0)6 34 13 74 22

- [L'Hydra](#), T.: +33 (0)6 61 40 90 72

Frioul Islands

The Frioul archipelago points to the coast the relief of its 4 islands: Pomègues, Ratonneau, If and Tiboulèn.

Calanques, beaches, sandy creeks, impressive cliffs, the light quality and the water transparency make the islands a spot of great beauty. Still a conservation area, it is an authentic encounter in the Mediterranean sea. The microclimate generates original and rare floral species, adapted to the conditions of aridity that characterize the spot. Furthermore, the Mistral is the great actor of the islands, it sculpts, gnaws and arranges them.

Ferries

If you would like to visit Frioul Island and/or Château d'If, ferries leave from the Vieux Port frequently and the trip to Frioul is about 20 min. You can purchase tickets at their office at the Vieux Port. Look for signs "FRIOUL" once at Vieux Port.

[More information](#)

Art / Museums

Marseille has no less than 21 museums covering every period of history from Antiquity to the present day, and from archaeology to motorbikes, Fine Arts and Marseille traditions.

[MUCEM](#) - Musée des Civilisations d'Europe et Méditerranée (Ethnology - Civilisation)
1, Esplanade Du J4, Vieux Port/Opéra/Vieille ville/St-Victor/Pharo, 13213
MARSEILLE 02

T.: +33(0)4 84 35 13 13

[History museum of Marseille](#) (History & Local History)

2, Street Henri Barbusse, Vieux Port/Opéra/Vieille ville/StVictor/Pharo, 13001
MARSEILLE

T.: +33(0)4 91 55 36 00

[Fondation Regards de Provence](#) (Painting - Sculpture)

Walkway Regards de Provence

Marseille Nord/Joliette/Les ports/l'Estaque

13002 MARSEILLE

T.: +33 (0)4 96 17 40 40

[Le Panorama](#) (Contemporary art)

Friche de la Belle de Mai

41, Street Jobin, 13003 MARSEILLE

Next to Saint-Charles station/ Belle de Mai / Longchamps

T.: +33 (0)4 95 04 95 04

Get an [overview](#) about all museums.

Touristic videos on Marseille

Film Institutionnel Marseille 2015

<https://youtu.be/TfCwCsLGrUE>

Destination Marseille: http://www.dailymotion.com/video/xzfin9_destination-marseille_travel

Si vous saviez tout ce qui se passé ici

https://youtu.be/d3ctKtvQYxo?list=PL9mxgdCafHOMHWgvM5W4rWgJvx_B-_jIT

GR 2013 – Hiking trail

http://www.dailymotion.com/video/xy49eq_gr-2013_creation

Provence and visits beyond Marseille

[Shapshot of Provence](#) You will find here the collection of the artists vision on the Bouches-du-Rhône from 2010 to 2013, oneiric, inspirational, poetic, intellectual, insolent, offset ... Another way to discover the territory Marseille-Provence.

If you plan to stay longer and want to explore places outside of Marseille, here are a few of our favorites - these are just recommendations, there are plenty more places of course and this list is not exhaustive:

* [Aix-en-Provence](#) - (1/2 hour drive by [shuttle bus](#) leaving form Saint Charles central station every 5 to 10 min)

* [Cassis](#) - If the weather is nice, Cassis (1/2 hour drive) is a beautiful village along the cost near Marseille. You can swim or take a boat to tour the "Calanques" (creeks). On the port, you'll find some restaurant.

* [Château Lacoste](#) – North of Aix-en-Provence – great 2-hour promenade in the vineyard with contemporary art in different spots, winetasting and restaurant.

* Check out the [places of the Painter Paul Cézanne](#) - we personally like the place where he used to paint, the Atelier Cézanne. Nice and authentic if small, it really has a nice soul.

* [Arles](#) (1 hour drive) – the arena, the “cité de la photo” and the antique discoveries

* One day outings to the Luberon:

- [Les Baux de Provence](#) is a village located 70kms from Aix, on the top of a little mountain and you have to walk to go up, as very often you'll have to park quite far. It's a very well-known and beautiful village from Provence. And the AMAZING surprise is at the top of the hill: la “[Carrière des Lumières](#)”, it's an immersive journey into a theme, the images are projected all over the old quarry ground, walls and ceiling, it's an AMAZING and fun experience for all ages.

- [St Rémy de Provence](#) is also a nice village, very chic however it does have some cool places to visit: history of [Nostradamus](#) and the village of Frederic Mistral, which is [Maillane](#)– a great outing to do on a nice day.

- Lourmarin: another beautiful village in the Luberon. A lot of artists live there.

AND DON'T FORGET ...

Your yoga mat and props

A water bottle so you can hydrate sufficiently

And everything else you may need for you to enjoy your time here

We are looking forward to having you with us in Marseille. For additional information, assistance with your stay, please feel free to contact us!

Asana Yoga Studio

Tel.: +33 (0)6 83 29 49 30

E-mail: amie@asanayogastudio.com

Website: <http://www.asanayogastudio.com/>